



ANNUAL REPORT

2024 - 2025

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ABOUT US

Silver Age Foundation for Elders seeks to promote healthy aging for elders. We work in three areas – generating awareness, conducting group activities, and providing age-related services. Our programs help elders overcome loneliness and include wide-ranging activities such as music and dance, arts, yoga, outings, hobby classes, etc. which are specifically tailored to their needs. As a not-for-profit we work on a cost recovery model with volunteer inputs across levels. We engage with senior citizen associations to mentor and create awareness on healthy ageing, including providing knowledge services for dementia and related issues. Our services seek to make seniors' lives comfortable in their own residences. **At Silver Age Foundation, we want our elders to thrive, not just survive.**

OUR OBJECTIVES

PROMOTE HEALTHY AGING

CREATE AWARENESS ON AGE-RELATED ISSUES

ENCOURAGE COLLABORATIONS
ACROSS SOCIETY FOR
INTEGRATION OF ELDERS

IMPROVE QUALITY OF LIFE OF
SENIORS LIVING IN THEIR OWN
HOMES

KEY MILESTONES AND ACTIVITIES

Festival Celebrations

- Virtual Ram Navami celebration (April 17)
 - Featured dance performances by elder members
- Online Ganesh Chaturthi celebration (September 14)
 - Online keyboard performances and *bhajan antakshari* by members
- Diwali celebration at Sakha Old Age Home, Cuttack (October 31)
 - Community outreach program for our members to connect with residents of the facility
 - Distributed gift hampers, sweets, fruits, and crackers to residents



Community and Social Events

- Navratri celebration at Hotel Swosti Premium (October 7)
 - 40+ elders participated in garba dancing and festive dining
 - Organized in partnership with Prelude 360
- Virtual Gita Jayanti observance (December 13)
 - Bhagwad Gita recitation by members
 - Promoted spiritual learning and discourse
- Annual get-together at Ekamra Udyan, Nayapalli (January 24)
 - Attended by more than 40 of our members
 - Elders participated in karaoke sessions, played musical chairs, and Bollywood antakshari

- Return to in-person classes (March 2)
 - Started with weekly music classes at the Healthy Aging Centre
 - Around 10 members enrolled for the classes



Intergenerational Bonding

- Participated in the 23rd Anjali International Children's Festival (November 14)
 - Members engaged with over 100 children in the "Dada Dadi ki Kahani" storytelling session
 - Marked the 8th consecutive year of participation by Silver Age Foundation members

Health and Wellness Initiatives

- International Day of Older Persons (October 1)
 - Health talk by Shri Santosh Kumar Sahu on "The role of Yoga and Ayurveda in geriatric care"
 - Free online session, open to all elders in the community
- Health talk as part of the Healthy Aging Program (November 9)
 - Dr. Prativashree from Central University, Himachal Pradesh, spoke about "Yoga for graceful ageing and Kundalini Yoga"
 - Free online event attended by more than 60 elders

Advocacy and Government Partnerships

- AVYAY project partnership (February 20)
 - Collaboration with Ministry of Social Justice & Empowerment, Govt of India
 - Awareness drive to inform senior citizens about government schemes as well as services available on Elder Helpline 14567
 - Organized in partnership with Radio 90.4, Voice of SOA Community

Organizational Development and Learning

- Learning visit to ARDSI Deccan Hyderabad (February 22)
 - SAFE team spent three days learning about establishing dementia care services
 - First-hand experience of setting up and running memory clinics, day-care services, support groups, and more.

Summary

The 2024-2025 financial year showcased SAFE's continued evolution as a comprehensive elder welfare organization. The Foundation maintained its commitment to cultural preservation through festival celebrations while expanding its health and wellness programming. Notable achievements included the successful 8th iteration of the intergenerational bonding program, new partnerships with government initiatives, and a return to regular in-person programming. The organization demonstrated professional growth through educational visits and continued to balance virtual and in-person activities effectively. SAFE's work during this period reflects a well-balanced approach to elder engagement, combining tradition, health advocacy, and community building.

NUMBER OF ELDERS
INTERACTED WITH DURING FY
2024-25

840

NUMBER OF NEW
REGISTRATIONS

7

FINANCIAL SUMMARY



A C BEHERA & CO.

Chartered Accounts

AUDITOR'S REPORT

We have audited the attached Balance Sheet of **SILVER AGE FOUNDATION FOR ELDERS TRUST, PLOT NO-245, LEWIS ROAD, BHUBANESWAR-751014** for the year ending 31st March 2025 and also audited the annexed Income & Expenditure and Receipts and Payments for year ended that date. These financial statements are the responsibility of the Trust Management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with auditing standard generally accepted in India. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by the management, as well as evaluating the overall financial statement presentation. We believe that our audit provides a reasonable basis for our opinion.

We further report that;

- We have obtained all the information's and explanations, which to the best of our knowledge and belief were necessary for the purpose of our audit.
- The Organization has been maintained proper books of account and others records as per Rule 17AA of Income Tax Rule 1962.
- The Balance Sheet and Income & Expenditure account dealt with by this report are in agreement with the books of account.
- In our opinion and to the best of our information and according to the explanations given to us, the said accounts give the information in the manner so required and give a true and fair view in conformity with the accounting principles generally accepted in India.

In the case of the Balance Sheet, of the state of affair of the organization as at 31st March 2025 and

In the case of Income & Expenditure Account, Excess of Expenditure Over Income of the year ending on that date.

For A.C. BEHERA & CO
(Chartered Accountants)

Firm RGN- 327945E

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CHANDRA
BEHERA

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CA. ALEKHA C. BEHERA
M.N-300151, Partner

Place: Bhubaneswar

Date: 06.08.25

UDIN: 25300151BMIMN01138



SILVER AGE FOUNDATION FOR ELDERS TRUST PLOT NO-245, LEWIS ROAD, BHUBANESWAR-751014 BALANCE SHEET AS ON 31.03.2025				
SL.NO	PARTICULARS	NOTE NO	AMOUNT(INR)	BALANCE AS ON 31st MARCH 2025
I	SOURCE OF FUND General Reserve Opening Balance Less: Excess of Expenditure over Income		984,067.00 92,078.37	891,988.63
II	CURRENT LIABILITIES & PROVISIONS Accounting Charges Payable			5,000.00
	Total			896,988.63
III	APPLICATION OF FUND Fixed Asset as per Last Account			59,680.00
IV	CURRENT ASSETS, LOANS & ADVANCES TDS Recievable as per last Account			1,400.00
	Cash-In-Hand			19,072.00
	Cash-At-Bank			816,836.43
	SBI A/C No- 4909			
	Total			896,988.43

As Per Our Report Of Even Date

for A.C. BEHERA & CO.

CHARTERED ACCOUNTANTS

FIRM REGD NO-327945E

ALEKHA

CHANDRA

BEHERA

CA. ALEKHA C. BEHERA

M.N-300151, PARTNER

Place : BHUBANESWAR

Date : 06.08.25

UDIN : 25300151BMIMN01138

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A. Mahapatra

CHAIRMAN

Silver Age Foundation for Elders Trust

SILVER AGE FOUNDATION FOR ELDERS TRUST PLOT NO-245,LEWIS ROAD, BHUBANESWAR-751014 INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31.03.2025		
SL.NO	PARTICULARS	BALANCE AS ON 31st MARCH 2025
I	INCOME	
	Activity Centre Subscription	743,153.00
	Member Regn. Fees	3,500.00
	Event Participation Contribution	45,300.00
	Total of I	791,953.00
	Excess of Expenditure over Income	92,078.37
	Total	884,031.37
II	EXPENDITURE	
	Programme Expenses	
	Activity Centre Event Expenses	128,836.00
	Activity Centre Resource Person Fee	319,000.00
	ARDSI Training and Learning Visit	53,281.00
	Consultancy Fees for Trainer & Teacher	255,250.00
	Website Development	36,192.69
	Administrative Expenses	
	Office rent	30,000.00
	Book keeping (Accounts)	30,810.00
	Telephone & Internet Expenses	8,467.68
	Office Expenses	21,545.00
	Bank charges	649.00
	Total	884,031.37
III	Excess of Expenditure over Income transfer to Capital Account	92,078.37

As Per Our Report Of Even Date
for A.C. BEHERA & CO.
CHARTERED ACCOUNTANTS
FIRM REGD NO-327945E
ALEKHA
CHANDRA
BEHERA
CA. ALEKHA C. BEHERA
M.N-300151,PARTNER

Place : BHUBANESWAR

Date : 06.08.25

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Ammahapal

CHAIRMAN
Silver Age Foundation for Elders Trust

SILVER AGE FOUNDATION FOR ELDERS TRUST PLOT NO-245, LEWIS ROAD, BHUBANESWAR-751014 RECEIPT & PAYMENT ACCOUNT FOR THE YEAR ENDED 31.03.2025			
RECEIPT	AMOUNT (INR)	PAYMENT	AMOUNT (INR)
TO OPENING BALANCE		By Programme Expenses	
Cash-In-Hand	8,010.00	By Activity Centre Event Expenses	128,836.00
Cash-At-Bank	925,876.80	By Activity Centre Resource Person Fee	319,000.00
		By ARDSI Training and Learning Visit	53,281.00
		By Consultancy Fee for Traianner & Teacher	255,250.00
To Activity Centre Subscription	743,153.00	By Website Development	36,192.69
To Member Regn. Fees	3,500.00		
To Event Participation Contribution	45,300.00	By Administartive Expenses	
		By Office rent	30,000.00
		By Book keeping (Accounts)	30,810.00
		By Telephone & Internet Expenses	8,467.68
		By Audit Fees	5,900.00
		By Office Expenses	21,545.00
		By Bank charges	649.00
		By Closing Balance	
		Cash-In-Hand	19,072.00
		Cash-At-Bank	
		SBI A/C No- 4909	816,836.43
Total	1,725,839.80	Total	1,725,839.80

As Per Our Report Of Even Date
for A.C. BEHERA & CO.
CHARTERED ACCOUNTANTS
FIRM REGD NO-327945E

ALEKHA
CHANDRA
BEHERA

CA. ALEKHA C. BEHERA
M.N-300151, PARTNER

Place : BHUBANESWAR

Date : 06.08.25

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Date: 2025.08.06 12:09:46
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A. Mahapatra

CHAIRMAN
Silver Age Foundation for Elders Trust



Silver Age Foundation for Elders

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